

AUSTRALIA-NEW ZEALAND ACBS (ACT & RFT) CONFERENCE 2010 – ADELAIDE

Pre-conference workshops

Wed 29th Sep & Thurs 30th Sep: Kelly Wilson – ACT from the Inside Out

Thurs 30th Sep: Lance McCracken – ACT for Chronic Pain

CONFERENCE: FRI 1ST OCT TO SUN 3RD OCT

TENTATIVE SCHEDULE

FRIDAY 1st October

	Stream 1 (400 seater) H2-16	Stream 2 (300 seater) BH-209	Stream 3 (100 seater) HH-308	Stream 4 (100 seater) HH-309
9:00am	Morning Plenary: - ACBS ANZ President Russ Harris			
10:00am-11:15am	Self as context made simple (workshop) – Russ Harris	Behavioural Activation & ACT (workshop) – Jonathon Kanter	Valuing & Adolescents: Theoretical, research and practical considerations on values (Research) – Louise Hayes Pleasing Yourself or Pleasing Others? Exploring the interaction of value importance and pressure among young people at the transition from school to adult life (Research) - Kate Williams & Joseph Ciarrochi	Using ACT with people who have persisting and distressing psychotic symptoms (workshop) – John Farhall & Carole Pitt

11:15am-11:45am	MORNING TEA			
11:45am-1:00pm	Self as context made simple (workshop cont...) – Russ Harris	Behavioural Activation & ACT (workshop cont...) – Jonathon Kanter	No offence dude, but what are you talking about? Running ACT group programs with adolescents (workshop) – Shane Curley	Using ACT with people who have persisting and distressing psychotic symptoms (workshop) – John Farhall & Carole Pitt
1:00pm-2:00pm	LUNCH			
2:00-3:15pm	Positive psychology interventions: Focusing on sustainability and ACT consistency (workshop) - Todd Kashdan & Joseph Ciarrochi	ACT for Teachers – Laurie Greco & Debra Emery	Lance McCracken - lecture	Functional Analytic Psychotherapy (FAP): A micro-process approach to evaluating the mechanism of change of psychotherapy. Jonathan Kanter
3:15-3:45pm	AFTERNOON TEA			
3:45-5:00pm	Positive psychology interventions: Focusing on sustainability and ACT consistency (workshop cont...) - Todd Kashdan & Joseph Ciarrochi	Clinician Masterclass - Laurie Greco	Gender differences in the relationship between experiential avoidance, mindfulness and thought suppression among treatment seeking problem gamblers – Ben Riley Development of Valuing Questionnaire – Matthew Smout & Matthew Davies	Hexa-flexa-cising - Bernard Parker NB: This will Take place in the Civic Gallery

POSTERS (authors to be available to discuss posters during Friday morning tea)

Exploring psychological flexibility as a construct and implications for treatment in traumatic brain injury (research)

- Whiting, McLeod, Ciarocchi, Simpson

Chronic Pain Acceptance Questionnaire as a predictor of treatment response to multi-disciplinary pain treatment

- Baranoff, Hanrahan & Connor

SATURDAY 2nd October

	Stream 1 (400 seater) H2-16	Stream 2 (100 seater) Bradley Forum	Stream 3 (100 seater) HH-308	Stream 4 (100 seater) HH-309
9:00am	Morning Plenary: Three Lessons on Personality and Well-Being – Todd Kashdan			
10:00am-11:15am	Growing Up Flexible, Adaptive and Empowered: Human development from an functional contextual perspective and its implications for child development, family functioning and society at large - Darin Cairns	Pain (workshop) - Lance McCracken	Organisational Change: A Multilevel investigation of contextual processes to create successful outcomes (15 mins research) – Gorjana Brkic Using ACT in Team Facilitation: Managing ACT Based Team values discovery processes to create successful outcomes – Rachel Collis & Petrina Alexander (60 mins)	An experiential journey through the Matrix as a group tool (workshop) - Aisling Curtin
11:15am-11:45am	MORNING TEA			

11:45am-1:00pm	Growing Up Flexible, Adaptive and Empowered: Human development from an functional contextual perspective and its implications for child development, family functioning and society at large – Darin Cairns	Pain (workshop cont...) - Lance McCracken	Effectiveness of ACT group programs for individuals post spinal cord Injury & stroke and people who stutter: similarities and differences (research) - Byrnes, Hart, Beilby, Blacker, Schug	An experiential journey through the Matrix as a group tool (workshop cont...) - Aisling Curtin
1:00pm-2:00pm	LUNCH			
2:00-3:15pm	Things might go horribly wrong (workshop) - Kelly Wilson	ACT in Family & School Settings (workshop) – Laurie Greco & Debra Emery	A randomised controlled trial of ACT for people who have persisting and distressing psychotic symptoms: Issues and progress – John Farhall review	ACT in Real Time: A workshop to ACTively refine your ACT skills (workshop) - Mary Sawyer
3:15-3:45pm	AFTERNOON TEA			
3:45-5:00pm	Things might go horribly wrong (workshop cont...) - Kelly Wilson	ACT in Family & School Settings (workshop cont...) – Laurie Greco & Debra Emery	Darin Cairns – RFT made simple	ACT in Real Time: A workshop to ACTively refine your ACT skills (workshop cont...) - Mary Sawyer

SATURDAY NIGHT: FOLLIES

SUNDAY October 3rd

	Stream 1 (400 seater) H2-16	Stream 2 (100 seater) Bradley Forum	Stream 3 (100 seater) HH-308	Stream 4 (100 seater) HH-309
9:00am – 10:00am	RFT/ACT-informed Behavioural Pharmacology (workshop) - Rob Purssey	Clinician masterclass – Lance McCracken		Aspirational approaches to treating anxiety – Todd Kashdan
10:00am-11:15am	Confidence Trap (workshop) – Russ Harris	Functional Analytic Psychotherapy & ACT (workshop) – Jonathon Kanter	ACT in schools: Brief therapy with children & adolescents utilising visual metaphor (workshop) - Tim & Sandra Bowen	ACT for Addiction (workshop) – Kelly Wilson
11:15am-11:45am	MORNING TEA			
11:45am-1:00pm	Confidence Trap (workshop cont...) – Russ Harris	Functional Analytic Psychotherapy & ACT (workshop cont...) – Jonathon Kanter	ACT in schools: Brief therapy with children & adolescents utilising visual metaphor (workshop) - Tim & Sandra Bowen	ACT for Addiction (workshop cont...) – Kelly Wilson
1:00pm-1:45pm	LUNCH			
1:45-2:30pm	First AGM of the APS ACT Interest Group			
2:30-3:30pm	Clinician masterclass – Kelly Wilson	Clinician masterclass – Jonathan Kanter	Building Skills to use ACT through pregnancy and the postpartum period - Emma Hanieh	
3:30-4:00pm	AFTERNOON TEA			
4:00-5:00pm	Closing Plenary: Kelly Wilson - Understanding “Self”: From B. F. Skinner to Acceptance and Commitment Therapy			